

## VOIDING CALENDAR

For: \_\_\_\_\_

Date: From: \_\_\_\_ - \_\_\_\_ - \_\_\_\_ to \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Times	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	Time	Volume	Time	Volume	Time	Volume	Time	Volume	Time	Volume	Time	Volume	Time	Volume
8:00														
10:00														
12:00														
2:00														
4:00														
6:00														
8:00														
10:00														
Day Wet (+)														
Day Dry (-)														
Night Wet (+)														
Night Dry (-)														
BM														
Comments														

Mark the voided volume in ml (30ml = 1 oz.)  
 Mark "+" if the child has been wet either at night or during the day, and "-" if he/she has stayed dry at night or during the day. It is very important to encourage them to relax and void completely each and every time that they go to the bathroom. It is also important that your child go to the bathroom whenever they feel the need to void or have a bowel movement. It is very helpful to have books or games in the bathroom to encourage your child to sit and relax for a time. Be sure to reward your child with lots of praise